

**The Houston Gymnastics Center and the JCC (Men's)**  
**Hosts the 2011 Houston National Invitational -- featuring the top athletes in the**  
**World!**

<b>Date</b>	March 4 - 6, 2011
<b>Location:</b>	<b>GEORGE R. BROWN CONVENTION CENTER – Hall C and D on the first floor</b>
<b>Event Director</b>	<b>Tim Erwin</b> (713) 551-7209, ext. 3272 (work) (713) 551-7223 (fax) (713) 248-1119 (cell) <a href="mailto:Terwin@jcchouston.org">Terwin@jcchouston.org</a>
<b>Men Meet Director</b>	<b>Bo Morris</b> 317-828-9369 (cell) <a href="mailto:Bmorris@jcchouston.org">Bmorris@jcchouston.org</a>
<b>Open Team Cup, Jr.</b>	Open Tm Cup: \$390 per team (ten member team, four up, three scores count). See OTC Rules.
<b>Team Cup &amp; Team Entries</b>	Jr. Team Cup: \$75 per team (Level 9 Teams - Top 3 scores per event) All other teams: \$30 per team (Top 3 scores per event) <b><i>See This Year's Cash Awards Information Sheet!</i></b>
<b>Entry Fee (Men's)</b>	\$65/gymnast Level 4 \$85/gymnast Level 5-6 \$100/gymnast Level 7-10 \$105/gymnast Elite Level  <b><i>**Special Discount! Entries postmarked before January 10, 2011 subtract \$5/each individual entry**</i></b> <b>* Athlete Gift – Commemorative HNI Meet T-Shirt Included With Each Entry!</b>  Checks to be made payable to: <b>JCC</b> C/o Tim Erwin/Gymnastics 5601 S. Braeswood Houston, Texas 77096-3999
<b>Deadline</b>	Entries received after January 24, 2011 will be assessed a \$10.00 per gymnast late fee (or \$100 per team if more than 10 entries), and will be limited to only sessions that have spaces available. Please get your entries in before this date.
<b>Credits/Refunds</b>	There will be no refunds after the due date, only credits for next year's HNI. Here is the policy: <ul style="list-style-type: none"><li>- Full credit (minus \$5) for 2012 HNI for scratches turned in before February 11, 2011.</li><li>- No credit of any type if entry cancelled after February 11, unless extenuating circumstance approved by Meet Director.</li><li>- \$10 fee for any Level changes between January 25 and February 4. <b>No Level or name changes</b> will be allowed after Feb. 4.</li></ul>
<b>Host Hotels</b>	<b>Embassy Suites Downtown located at Discovery Green Park right across from the GRB Convention Center.</b> Room Rates: 1-4 persons \$139/night plus tax. Full Suites w/ excellent breakfast! Valet Parking for HNI families is \$14/day (regular \$28/day). 1-800-EMBASSY – Group Code: HNI or Houston National Invitational.

**Host Hotels cont.** **Residence Inn located just 5 blocks from the GRBCC.** Room Rates: 1 – 3 or 4 persons \$109/night plus tax. Studio Suites (sleeps 3, or 4 if family w/ two small children) includes full kitchen and hot breakfast.  
<http://www.marriot.com/hotels/travel/HOURD?groupCode=HNGHNGA&app=resvlink&fromDate=3/3/11&toDate=3/7/11>  
**Courtyard by Marriot also located just 5 blocks from the GRBCC.** Room Rates: 1 – 4 persons \$109/night plus hot breakfast. **Double rooms are sold out**, but Kings available with twin sleeper sofas.  
<http://www.marriot.com/hotels/travel/HOUDT?groupCode=HNGHNGB&app=resvlink&fromDate=3/3/11&toDate=3/7/11>  
**Or Call 1-888-236-2427 – Register under the Houston National Invitational.**

**Awards** **UP TO \$20,000 IN CASH AWARDS!** – Given to Individual and Teams during Jr. and Open Team Cups. In addition, cash awards are given to Levels 4-8 designated teams! *See website for details.*  
Team awards will be given to the top three teams (and in some cases, the top 6 teams) in designated age groups and will be based on the top three scores per event. ***In addition, each coach in the meet will receive a commemorative Coaches Gift.***  
*Note: Cash awards could change do to the availability of sponsor donations. Prizes could be more or less depending on the amount(s) donated.*  
**Open Team Cup Awards** will be based on the top three scores per event of each team. You can enter more than one team. Cash awards given to the top 10 teams.  
**Jr. Team Cup Awards** will be based on the top three scores in the Level 9. Cash awards will be given to the top 6 teams. Note: Level 7s will also compete for trophies/plaques & cash awards.  
Individual awards will be given in every age group. Medals, and other special awards will be used. Awards are customized for the competition. Each first place AA finisher will receive a specially designed award. Everyone will walk away a winner at this meet! All gymnasts will receive a special commemorative Meet T-Shirt.

**Judges** FIG Brevet and Nationally rated

**Coaches Special!** **Each Coach will receive a customized coach's gift for attending the competition.**

**Open Team Cup** Will be run as a Team Competition Meet with seniors and juniors on entered teams. ***All teams will compete under FIG rules.*** All Teams can be made up of Elites, Level 10s and/or 9s. National Invitational Team Cup Champions will be awarded with cash awards and their Team Name on the HNI commemorative Team Cup Trophy along with the other team cups and cash awards.  
Meet will be run in a true capital cup format. You are allowed to compete four (4) athletes per event and the top three (3) scores will count, with a maximum of ten (10) on your team. You can enter more than one team and clubs will be allowed to combine athletes to make up a team. Limit 14 TEAMS COMPETING. Note: Clubs with larger teams can allow an additional 2 non competing members on the floor for team moral.  
Cash awards are given to most levels and sessions at the HNI, and we have increased the amount of cash of previous years. Get your entries in early!  
**Note:** *Coaches and athletes will need to make the decision who, if anyone, accepts cash.*  
Check our website: [www.houstongymnastics.org](http://www.houstongymnastics.org) for cash award details.

**Jr. Team Cup**

Features **12-13 Level 9s**. Top 3 scores on each event count for team scores. Cash awards and cups will be given to the top 6 teams. In addition, cash and team awards will be presented to Level 7 teams during this session. Clubs can not combine teams in Jr. Team Cup. USAG Rules apply and individuals in other age groups will compete for awards also.

**Athlete Gift**

This year Commemorative T-shirts are given out to every athlete who is entered! This will be a special edition made just for the Houston National Invitational. T-shirts and other items will be available for sale at this event.